

DIOCESE and OTHER NEWS and EVENTS

18 - 19 March Cor et Lumen Christi, Wigton: 'Called to Glory IV'. For more information contact 016973 45623, email: stcuthberts@coretlumenchristi.org

Castlerigg Manor: Easter Retreat 13 - 16 April, open to year 9 upwards. **Family Weekend 28 - 30 April**. Open to all families. **Annual Diocesan Pilgrimage to Lourdes, 19 - 29 July**. Open to ages year 11 upwards. Prices from £650 by coach (flight information to follow). For more information see website www.castleriggmanor.co.uk/yatm-events/lourdes-2017

26 - 29 Sept 2017: Lancaster Diocesan Pilgrimage to Walsingham, led by Bishop Michael Campbell OSA. Cost £265, 3 nights full board (sharing). Closing date 22.6.17, contact Paul Briers 01946 834834. Please book early to avoid disappointment. See poster at back of church.

Foodbank. See poster at back of each church for the Foodbank 40p for 40 days challenge this Lent. There is a box at the back of St Mary's, St Gregory's and OLSM churches for items of food to help people in crisis. **Shopping List.** Milk (full fat or semi-skimmed UHT), 1ltr carton UHT Fruit Juice, jar/sachet Pasta Sauce, Biscuits/Snack Bars, Cereal (medium size boxes), Tinned Meat, Tinned/ Carton Tomatoes, Tinned Fish, Tinned Fruit, Tinned Vegetables, Tinned Soup (no cuppa soup), Tinned Rice Pudding, Instant Mash Potato, Tinned Sponge Pudding, Sugar, Jam, Medium bags dried Pasta, Tea Bags/Coffee (medium) **No low calorie food.**

Newsletter. Items for the weekly newsletter should be emailed to: info@workingtoncatholicchurch.co.uk for the attention of Sharon.

HEALTH & SAFETY.

Information is at the back of each church giving details on how to contact the emergency services. Headlights, First Aid Kits and Accident Log Books are situated in each church Sacristy. Please note the First Aid Kits are for minor injuries only.

Beware thieves! Please don't leave valuables on display in your cars. All cars are parked at owner's risk. Be aware that thieves have been known to enter church during Mass and steal from unattended handbags.

PARISH SAFEGUARDING REPRESENTATIVES

Our Parish has 6 Safeguarding Representatives. Names and telephone numbers are on the notice board at the back of each church should you wish to contact them. Alternatively you may contact the Diocesan Safeguarding Officer: Jane Robinson, 218 Tulketh Road, Ashton, Preston, PR2 1ES. Tel: 01772 728433

Canon Paul Swarbrick and Fr Paul Harrison

The Priory, Banklands, Workington, Cumbria. CA14 3EP

Email: info@workingtoncatholicchurch.co.uk Tel: 01900 602114

Website: www.workingtoncatholicchurch.co.uk

Parish Pastoral Assistant: Sr Eleanor Gilligan

Dupuis Convent, 4 Derwent Meadows, Workington, CA14 1EL.

Email: eleanorgenevieve@hotmail.co.uk Tel: 01900 602028

St. Gregory's Catholic Primary School, Furness Road, Westfield, Workington CA14 3PD

Head: Jacqueline Hampson Tel: 01900 606050

St Mary's Catholic Primary School, Holden Road, Salterbeck, Workington CA14 5LN

Head: Mrs Cath Pearson Tel: 01946 830433

St. Patrick's Catholic Primary School, Derwent Street, Workington CA14 2DS

Head: Mrs S Slack Tel: 01900 601807

St. Joseph's Catholic High School, Harrington Road, Workington CA14 3EE

Head: Jackie Kennedy Tel: 01900 873290

CLERGY and SCHOOLS

CHRIST the GOOD SHEPHERD

5 March 2017 - 1st Sunday of Lent. Mass Book Pg 151

The newsletter of the Catholic churches of Our Lady Star of the Sea & St. Michael, St. Gregory & St Mary, Workington, a parish in the Roman Catholic Diocese of Lancaster—Charity Number 234331

Imagine sitting at home, alone. Imagine you notice smoke and the odd spark coming from a plug/socket. Imagine doing nothing about it. Imagine the probable consequences. Or imagine a toddler playing with matches. Imagine he manages to strike one, and is delighted with the effect. Imagine yourself sitting close by but not saying or doing anything. Or imagine being on a bus and smelling burning, seeing a trail of smoke behind the bus but keeping quiet because yours is the next stop so you'll be OK. Or imagine lighting candles around the room in the evening to help create a nice atmosphere to help you unwind after another stressful day. You see one of the candles catch some fabric and it begins a small fire. Do you just sit and watch?

We know the nature of fire. It may be a small thing at first but we quickly realise what it can lead to and the damage it can do. If left unchecked it can even be life-threatening. But we don't need to be quite so negative. It would not be right to go round putting out fires wherever you see them, starting with your boiler's pilot-light! Just as fire can be harnessed, controlled and serve our needs in various ways, so can temptation. Certainly, we don't need to go looking for it; it will never be far away. Christ used temptation to clarify His choices. He used temptation as a whetstone on which to sharpen His motivation. Christ used temptation to educate the devil. Christ used His own experience of dealing with temptation as a chance to give His disciples an example of how they can overcome their own temptations.

This Sunday First Holy Communion Candidates: SG - meet after 9.30am Mass. **OLSM** - meet in Banklands Hall, 11.45am (session 4). **Second Collection for the Building & Maintenance Fund.** *If you wish to Gift Aid your Donation please use a My Gift to Christ Envelope (available at the back of each church) and mark 'Building & Maintenance'.* Distribution of Cafod Lent Fast Day Envelopes.

New Evangelisation Initiative, Alpha. Thursday, 9 March, 7pm, Banklands Hall.

Parish Prayer and Social Group. Please note that the Prayer and Social Group meetings planned for **30 March, 27 April and 25 May** have been cancelled as the parish **Alpha** course will be running on those dates.

Offertory Envelopes: We are now preparing the 2017/18 Offertory Envelopes. Anyone who has not got envelopes and would like some please fill in the form at the back of each church. If you have any objection to the envelopes being placed in church showing your name and address please let us know and we can arrange for you to collect your envelopes from the Priory.

Sunday Morning Hymns

	SG	OLSM
Entry	143	185
Offertory	23	499
Communion	147	830
Recessional	765	106

LITURGY and PRAYER

Please pray for all who are sick, especially Kathleen Sydney, Connie Berwick, Eileen Quinn, Mike Boak, Mary Johnston, Fletcher Ditchburn, Mary Ackerley, Reg Ackerley, Lynn Craine, Margaret Fearon, John Bechelli, Wilma Lace, Joan Houghin, Mary Ryan, Gerald Sharkey, John White, Sheila Wolstenholme, Christine Thompson, Jan Wojcik, Mary Slater, retired Bishop Patrick O'Donoghue, Pauline Hodgson, Alex Glaister, Keith Daghish, Molly Doran, Marion Gray, Richard Johnston, Canon John Watson, Gerard Sloan, Gillian Jardine, Cath Wilson and Barbara Jones.

Please remember in your prayers those who died recently. Joseph Ritson Reilly, Requiem Mass Tuesday 7 March, 12.15pm, St Gregory's church. Louis Cunningham, Service at Distington Crematorium, Wednesday 8 March, 1.15pm.

And those whose anniversaries occur around this time. Elizabeth Hodgson, Matthew Heywood, Charles McKechnie, Marjorie McGeown, Eileen Keough, Bridie McKenna, Margaret Gilmore, Michael McHale, Vincent Clark, Betty Heaslip, Jack Diamond, Irene Carruthers and Joan Bell.

Baptism. Those wishing to have their children baptised are required to give 6 weeks notice. This will enable us to arrange the necessary preparation.

Sacrament of Reconciliation. 11-11:25 Saturdays OLSM, on request St Gregory's & St Mary's.

Prayer before the Blessed Sacrament each Saturday morning will be dedicated to Vocations for the Priesthood, Diaconate, Religious and Consecrated Life.

Stations of the Cross (3pm each Sunday)

5 March	St Gregory	26 March	St. Gregory
12 March	St. Mary	2 April	St. Mary
19 March	OLSM	9 April	OLSM

Finance

Offertory Collection £1840.29
Thank-you for your continued support and generosity.

TIMES OF MASS FOR NEXT WEEK

Key to Masses: SM = St Mary's, SG = St Gregory's & OLSM = Our Lady & St Michael's

Sat 4 March 6.00 SM	Sat after Ash Wednesday People of the Parish	Thur 9 March 10.00 SM	Thurs of 1st Week in Lent Jack Sandham
Sun 5 March 9.30 SG	1 Sunday in Lent Birthday Intention (MG)	Fri 10 March 10.00 OLSM	Lent Fast Day Bob Baptiste
10.30 OLSM	Jadwiga Stiburska	12.00 SG	In Thanksgiving (EQ)
6.00 OLSM	Jack Diamond	Sat 11 March 10.00 OLSM	Sat of 1st Week in Lent Bill McGee
Mon 6 March 10.00 OLSM	Mon of 1st Week in Lent Kathleen Cunningham	6.00 SM	People of the Parish
Tues 7 March 10.00 SM	Tues of 1st Week in Lent Kathleen Cross	Sun 12 March 9.30 SG	2 Sunday in Lent David Speakes
12.15 SG	Requiem - Joseph Reilly	10.30 OLSM	Rose Glaister
Wed 8 March 12.00 SG	Wed of 1st Week in Lent Holy Souls	6.00 OLSM	The McLoughlan & Wilson Families
6.30 OLSM	Eileen Keough		

PARISH NEWS AND EVENTS

Thank-you. Sheila Paisley would like to say thank-you for all the cards, prayers, flowers and well-wishes. A Mass will be said for parishioners intentions.

DATES FOR YOUR DIARY.

Wed 8 March: St. Gregory's Soup and Roll Lunch, after Midday Mass (every Wednesday during Lent). Donation £1.00 All proceeds to Cafod. **Buildings/ Finance Committee** meet in OLSM Priory, 7pm.

Fri 10 March: Mayor's Open Day. The Parlour, Workington Town Hall, 11 - 3pm. Meet the Mayor, view historic information & enjoy a cup of tea. **Cafod Lent Fast Day.** Day of Prayer for the needy/hungry of the world.

10-18 March: National Novena to St Joseph. Each year the Mill Hill community prepares for the Feast of St Joseph with a special Novena of Masses and Prayers to ask for God's blessing on their society, the missionary work of the Church and the intentions of those who support their work. You are invited to send in your petitions and/or to request a Novena booklet to enable you to join in at home by praying the daily Novena prayer. Please write to Fr Liam Cummings MHM, email: novena@millhillmissionaries.com or 58 Cookham Rd, Maidenhead SL6 7HT, (see poster at back of each church).

Sun 12 March: First Holy Communion Candidates: SG - meet after 9.30am Mass. **OLSM** - meet in Banklands Hall, 11.45am (session 5). **Return of the Cafod Fast Day Envelopes**

Sun 19 March: The 10.30am Mass at Our Lady & St Michael's church will be led by the pupils of St Patrick's School.

Tues 14 March: St. Gregory's Over 55s Lunch (moved from Tues 7 March), 11.45am. You must have booked your lunch. Contact Mary Harrison on 64295. **Parish Pastoral Council** meet in OLSM Priory 7pm.

Thurs 23 March: Soup & Pud, Stella Maris Room, 12.30pm. All welcome.

Sat 1 Apr: Pie & Pea Supper, Stella Maris Room, 6.30 - 9pm, to raise funds for the Mayor's Charities. Tickets £7, available from Antony McGuckin or Sharon in the Parish Office.

SANCTUARY LAMP INTENTIONS - WEEK BEGINNING 5 MARCH**SM:** The McCartan & Jeffery Families**OLSM:** Betty & Joe Heaslip **SG:** The Cantley Family

Dates Available March: None, Apr: OLSM - 30. **SG & SM** - None. **May: None. June: OLSM** - 25. **SG** -18, 25. **SM** - None. **July: OLSM** - 23. **SG** - 16, 30, **SM** - 9, 23, 30. **Aug: OLSM** - 13, 20, 27. **SG** - 13, 20, 27. **SM** - 6, 13, 20, 27. A suggested donation of £10 for each intention is much appreciated. If you are a tax payer and you wish to Gift Aid your donation please complete a My Gift to Christ Envelope (available at the back of each church) and mark Sanctuary Lamp. (Please let us know which church you would prefer).