

DIOCESEandOTHER NEWSandEVENTS

Castlerigg Manor: Easter Retreat 13 - 16 April, open to year 9 upwards.
Family Weekend 28 - 30 April. Open to all families. **Annual Diocesan Pilgrimage to Lourdes, 19 - 29 July**. Open to ages year 11 upwards. Prices from £650 by coach (flight information to follow). For more information see website www.castleriggmanor.co.uk/yatm-events/lourdes-2017

Foodbank. There is a box at the back of St Mary's, St Gregory's and OLSM churches for items of food to help people in crisis. **Shopping List**. Milk (full fat or semi-skimmed UHT), 1ltr carton UHT Fruit Juice, jar/sachet Pasta Sauce, Biscuits/Snack Bars, Cereal (medium size boxes), Tinned Meat, Tinned/ Carton Tomatoes, Tinned Fish, Tinned Fruit, Tinned Vegetables, Tinned Soup (no cuppa soup), Tinned Rice Pudding, Instant Mash Potato, Tinned Sponge Pudding, Sugar, Jam, Medium bags dried Pasta, Tea Bags/Coffee (medium) **No low calorie food**.

The new **Tabor Programme** Jan - Aug 2017 is at the back of OLSM church.

Newsletter. Items for the weekly newsletter should be emailed to: info@workingtoncatholicchurch.co.uk for the attention of Sharon.

CONVOY AID ROMANIA

Clothing for Romania can be delivered to Barbara Jones, 7 Gordon Street Workington. Tel: 01900 65306

HEALTH & SAFETY.

Information is at the back of each church giving details on how to contact the emergency services. Headlights, First Aid Kits and Accident Log Books are situated in each church Sacristy. Please note the First Aid Kits are for minor injuries only.

Beware thieves! Please don't leave valuables on display in your cars. All cars are parked at owner's risk. Be aware that thieves have been known to enter church during Mass and steal from unattended handbags.

PARISH SAFEGUARDING REPRESENTATIVES

Our Parish has 6 Safeguarding Representatives. Names and telephone numbers are on the notice board at the back of each church should you wish to contact them. Alternatively you may contact the Diocesan Safeguarding Officer: Jane Robinson, 218 Tulketh Road, Ashton, Preston, PR2 1ES. Tel: 01772 728433

Canon Paul Swarbrick and Fr Paul Harrison

The Priory, Banklands, Workington, Cumbria. CA14 3EP

Email: info@workingtoncatholicchurch.co.uk Tel: 01900 602114

Website: www.workingtoncatholicchurch.co.uk

Parish Pastoral Assistant: Sr Eleanor Gilligan

Dupuis Convent, 4 Derwent Meadows, Workington, CA14 1EL.

Email: eleanorgenevieve@hotmail.co.uk Tel: 01900 602028

St. Gregory's Catholic Primary School, Furness Road, Westfield, Workington CA14 3PD

Head: Jacqueline Hampson Tel: 01900 606050

St Mary's Catholic Primary School, Holden Road, Salterbeck, Workington CA14 5LN

Head: Mrs Cath Pearson Tel: 01946 830433

St. Patrick's Catholic Primary School, Derwent Street, Workington CA14 2DS

Head: Mrs S Slack Tel: 01900 601807

St. Joseph's Catholic High School, Harrington Road, Workington CA14 3EE

Head: Jackie Kennedy Tel: 01900 873290

CHRISTtheGOOD SHEPHERD

22 Jan 2017 - 3rd Sunday in Ordinary Time. Mass Book Pg 127

The newsletter of the Catholic churches of Our Lady Star of the Sea & St. Michael, St. Gregory & St Mary, Workington, a parish in the Roman Catholic Diocese of Lancaster—Charity Number 234331

On 2nd October 2016 Bishop Campbell celebrated his 75th birthday. We didn't send him a card because that would have made him suspicious and think we are after something! His birthday was significant because according to Canon Law (laws governing the Church) when a Bishop hits 75 he is obliged to offer his resignation to the Pope. The Pope is not obliged to accept it. He can ask the Bishop to continue for a little while, assuming his health is reasonable. This is the situation we currently have in the Diocese of Lancaster; Bishop Campbell remains at the helm, but the search is on for a successor. Much prayer is called for. Bishops are the successors to the Apostles, chosen to shepherd (sanctify) and govern and teach the faithful in the ways of Christ. It's an impossible job, in some ways cutting you off from normal life and guaranteeing that every day brings a fresh crop of problems to your door to add to an endless list of others waiting to be sorted. But seeing it in those terms is the wrong point to start from. Christ is looking for disciples to share His work, His mission, His life. Yes, there is a real burden to be shouldered, but what consolation there must be in spending your life in the close company of Our Lord – and the wonderful thing is most of us don't have to be a Bishop to do that. Meanwhile, let's keep Bishop Campbell in our prayers, and pray for the Diocese of Lancaster, waiting to know the name of our next Shepherd, Bishop, Apostle. Some people seem to be given greater burdens than others in life. The secret is to shoulder them with great love.

One or two people have commented on a small piece of the Sacred Host being in the chalice. After the sign of peace and before the Lamb of God the priest breaks the Sacred Host into two pieces. He then places a very small piece of the Host into the chalice containing the Precious Blood of Christ saying "May this mingling of the Body and Blood of Christ bring eternal life to us who receive it". This is a very ancient rite that goes back at least 1500 years and has always been part of the Mass. As the prayer says, it reminds us that we receive the Body & Blood of Jesus Christ in Holy Communion, sacred food and drink on our journey to eternal life.

OLSM Heating. Two new boilers were installed at a higher level in the boiler house of OLSM Church. This will avoid any damage when the cellar floods. The flue has also been replaced. This first phase cost £26,103.86. The blow heaters will continue to be used until the end of the cold weather in 2017. However they are not adequate or effective for the church so radiators will be installed after Easter. This will be phase 2 but the total cost for this is not yet known. Our sincere thanks to the members of the "Stella Maris Project" who gave of their time to oversee all aspects of phase 1 installation.

Sunday Morning Hymns

	SG	OLSM
Entry	602	175
Gloria	406	
Offertory	678	677
Communion	395	72
Recessional	175	567

Finance

Offertory Collection £1681.28
Thank-you for your continued support and generosity.

LITURGY and PRAYER

Please pray for all who are sick, especially Winnie Lewis, Kathleen Sydney, Connie Berwick, Eileen Quinn, Mike Boak, Mary Johnston, Fletcher Ditchburn, Mary Ackerley, Reg Ackerley, Lynn Craine, Margaret Fearon, John Bechelli, Wilma Lace, Joan Houghin, Mary Ryan, Gerald Sharkey, John White, Billy Hennelly, Sheila Wolstenholme, Christine Thompson, Jan Wojcik, Mary Slater, retired Bishop Patrick O'Donoghue, Pauline Hodgson, Alex Glaister, Keith Daglish, Molly Doran, Marion Gray, Richard Johnston, Canon John Watson, Gerard Sloan, Gillian Jardine and Cath Wilson.

Please remember in your prayers those who died recently. Molly Proudman. Elizabeth (Betty) Malcolm Benson. Michael Morgan, Funeral Service, Friday 27 January, 2pm, Our Lady & St Michael's church.

And those whose anniversaries occur around this time. Brian Sloan, Margaret Winthorpe, Debra Bates, Agnes Clark, James Connor, Michael Donohue, Donald Robinson, Anne Wilson, Frankie Tognarelli, Maud Pullen, Samuel Marr, Claude Chapman, Jack Walker, Eric Hodgson, Margaret McGuire, Rene Walker, Winifred McCormick and Clare Brew.

Baptism. Please pray for Rose Elaine Diamond who will be baptised during the 10.30am Mass and Oliver Thomas Brockbank who will be baptised 12 noon at OLSM church. Those wishing to have their children baptised are required to give 6 weeks notice. This will enable us to arrange the necessary preparation.

Sacrament of Reconciliation. 11-11:25 Saturdays OLSM, on request St Gregory's & St Mary's.

Prayer before the Blessed Sacrament each Saturday morning will be dedicated to Vocations for the Priesthood, Diaconate, Religious and Consecrated Life.

SANCTUARY LAMP INTENTIONS - WEEK BEGINNING 22 JAN

OLSM: Doreen's Intentions

SM: Successful Operation **SG:** None

Dates Available Jan: OLSM - None. SG - 29. SM - None. **Feb:** OLSM - 26. SG - 19, 26. SM - 19, 26. **March:** OLSM - 26. SG - 5, 12, 19. SM - 5, **Apr:** OLSM - 2, 30. SG - 2. SM - 9. **May:** OLSM - 14, 21. SG - 28. SM - All available. **June:** OLSM - 28, 25. SG - All available. SM - 18, 25. A suggested donation of £10 for each intention is much appreciated. If you are a tax payer and you wish to Gift Aid your donation please complete a My Gift to Christ Envelope (available at the back of each church) and mark Sanctuary Lamp. (Please let us know which church you would prefer).

TIMES OF MASS FOR NEXT WEEK

Key to Masses: SM = St Mary's, SG = St Gregory's & OLSM = Our Lady & St Michael's
Please take careful note of which church Mass will be held.

Sat 21 Jan 6.00 SM	St Agnes Dom Dyfrig Harris OSB	Thur 26 Jan	Sts Timothy & Titus NO MASS
Sun 22 Jan 9.30 SG 10.30 OLSM 6.00 OLSM	3 Sunday in Ordinary Time Audrey Park Danny & Gerard Cunningham People of the Parish	Fri 27 Jan 10.00 OLSM 12.00 SG	Feria James Walker One Sick (GS)
Mon 23 Jan 10.00 OLSM	Feria Bob Smith	Sat 28 Jan 10.00 OLSM 6.00 SM	St Thomas Aquinas Clare Brew Matt Quayle
Tues 24 Jan 10.00 SM 12.00 SG	St Francis de Sales Tony Ryan Tom & Gwen James	Sun 29 Jan 9.30 SG 10.30 OLSM 6.00 OLSM	4 Sunday in Ordinary Time Sam Marr The McMullen Family People of the Parish
Wed 25 Jan 12.00 SG 6.30 OLSM	The Conversion of St Paul John Roberts Frankie Tognarelli 20th Anniversary		

PARISH NEWS AND EVENTS

New members for OLSM choir would be most welcome. We particularly would like some additional male voices. Practices are currently being held for about 30 minutes prior to 10.30am Sunday Mass. Please consider coming along.

WEDDINGS 2017

The following individuals have requested the Sacrament of Marriage during 2017. If you know of any reason, **in law**, why these marriages should not take place then please contact the clergy immediately.

Richard Raymond Hoban/Gadvoranun Peardii Sunpee - Wed 19 April, OLSM
George Alexander Phillips/Joanna Hastings - Sat 13 May, OLSM
Gemma Louise Grove/David Tattersall - Fri 19 May, OLSM
Gareth Parker/Natalie Jeffrey - Sat 20 May, OLSM
Anthony Heskett/Natalie Cartner - Sat 17 June, OLSM
Dean Wainwright/Kerry Hall - Sat 29 July, OLSM
Blain Rooney/Ami Lennon - Sat 26 August, OLSM
Ashley Ross/Chloe Westray - Sat 26 August, OLSM
Haley Armstrong/Adam McGlasson - Sun 27 August, OLSM
Kieran Johnstone/Rebecca Smith - Sat 2 September, OLSM
Carl Hargrave/Diane Slack - Sat 16 September, OLSM
Kerry Browne/Shawn Walsh - Sat 30 December, OLSM

DATES FOR YOUR DIARY.

Sun 22 Jan: Meeting for the parents of the **First Holy Communion Candidates**, Banklands Hall, 12 noon. **Final call for those not in Catholic Schools and who want to make their First Holy Communion**, please see either priest before the 22 January.