

DIOCESE and OTHER NEWS and EVENTS

Castlerigg Manor: Easter Retreat 13 - 16 April, open to year 9 upwards.
Family Weekend 28 - 30 April. Open to all families. **Annual Diocesan Pilgrimage to Lourdes, 19 - 29 July**. Open to ages year 11 upwards. Prices from £650 by coach (flight information to follow). For more information see website www.castleriggmanor.co.uk/yatm-events/lourdes-2017

Foodbank. There is a box at the back of St Mary's, St Gregory's and OLSM churches for items of food to help people in crisis. **Shopping List**. Milk (full fat or semi-skimmed UHT), 1ltr carton UHT Fruit Juice, jar/sachet Pasta Sauce, Biscuits/Snack Bars, Cereal (medium size boxes), Tinned Meat, Tinned/ Carton Tomatoes, Tinned Fish, Tinned Fruit, Tinned Vegetables, Tinned Soup (no cuppa soup), Tinned Rice Pudding, Instant Mash Potato, Tinned Sponge Pudding, Sugar, Jam, Medium bags dried Pasta, Tea Bags/Coffee (medium) **No low calorie food**.

The new **Tabor Programme** Jan - Aug 2017 is at the back of OLSM church.

Newsletter. Items for the weekly newsletter should be emailed to: info@workingtoncatholicchurch.co.uk for the attention of Sharon.

CONVOY AID ROMANIA

Clothing for Romania can be delivered to Barbara Jones, 7 Gordon Street Workington. Tel: 01900 65306

HEALTH & SAFETY.

Information is at the back of each church giving details on how to contact the emergency services. Headlights, First Aid Kits and Accident Log Books are situated in each church Sacristy. Please note the First Aid Kits are for minor injuries only.

Beware thieves! Please don't leave valuables on display in your cars. All cars are parked at owner's risk. Be aware that thieves have been known to enter church during Mass and steal from unattended handbags.

PARISH SAFEGUARDING REPRESENTATIVES

Our Parish has 6 Safeguarding Representatives. Names and telephone numbers are on the notice board at the back of each church should you wish to contact them. Alternatively you may contact the Diocesan Safeguarding Officer: Jane Robinson, 218 Tulketh Road, Ashton, Preston, PR2 1ES. Tel: 01772 728433

Canon Paul Swarbrick and Fr Paul Harrison

The Priory, Banklands, Workington, Cumbria. CA14 3EP

Email: info@workingtoncatholicchurch.co.uk Tel: 01900 602114

Website: www.workingtoncatholicchurch.co.uk

Parish Pastoral Assistant: Sr Eleanor Gilligan

Dupuis Convent, 4 Derwent Meadows, Workington, CA14 1EL.

Email: eleanorgenevieve@hotmail.co.uk Tel: 01900 602028

St. Gregory's Catholic Primary School, Furness Road, Westfield, Workington CA14 3PD

Head: Jacqueline Hampson Tel: 01900 606050

St Mary's Catholic Primary School, Holden Road, Salterbeck, Workington CA14 5LN

Head: Mrs Cath Pearson Tel: 01946 830433

St. Patrick's Catholic Primary School, Derwent Street, Workington CA14 2DS

Head: Mrs S Slack Tel: 01900 601807

St. Joseph's Catholic High School, Harrington Road, Workington CA14 3EE

Head: Jackie Kennedy Tel: 01900 873290

CHRIST the GOOD SHEPHERD

15 Jan 2017 - 2nd Sunday in Ordinary Time. Mass Book Pg 125

The newsletter of the Catholic churches of Our Lady Star of the Sea & St. Michael, St. Gregory & St Mary, Workington, a parish in the Roman Catholic Diocese of Lancaster—Charity Number 234331

How's your Fizz? It will come as no surprise to most of you that over the Christmas/New Year period I opened the odd bottle of beer. Most bottles 'hit the spot' pretty well. One didn't. It was flat. It had lost its fizz. It was definitely beer, but the experience of drinking it (I hate wasting things – especially beer) was not enjoyable. However, I'm not the type to be put off easily. I will overcome this disappointing experience. I am determined not to let one sad moment destroy all the other good ones. I am not mentally or emotionally damaged! It's rather like not letting the memory of one bad teacher spoil the work of all the other good ones. So, what's this got to do with the price of fish? Not a lot. But it does sometimes happen that my life and my faith can be like that bottle of beer; the fizz has gone out of it. It's not enjoyable. It's hard work getting through it. It can put me off. It's not how it's supposed to be. This year I want to give us (parishioners and myself) an opportunity of putting some 'fizz' into our personal and parish faith. Maybe there's never been much 'fizz' there to begin with. I want us to experience an **ALPHA** course. 'O, heck . . . ' I hear you muttering. It will not be compulsory, nor will it have us standing on our heads or swinging from the light-fittings at Mass (Health and Safety issues). You will be invited to take part in the course over a number of weeks, and it won't involve an RE test. Although **ALPHA**'s origin is in the Anglican Church it has been adapted for use in Catholic parishes. Cardinal Basil Hume (once a regular visitor to Workington) was the first Bishop to introduce it to a Catholic Diocese back in 1996. Spending money and working to keep our church buildings maintained is all well and good, but we need to invest in people too, and bring them closer to Our Blessed Lord. If you use internet you can look at **Catholic ALPHA** for more information

Extra-ordinary Ministers of the Eucharist. At all Masses over this weekend we will re-commission all those who take Holy Communion to the housebound and help give Holy Communion at Mass.

WEDDINGS 2017

The following individuals have requested the Sacrament of Marriage during 2017. If you know of any reason, **in law**, why these marriages should not take place then please contact the clergy immediately.

Richard Raymond Hoban/Gadvoranun Peardii Sunpee - Wed 19 April, OLSM

George Alexander Phillips/Joanna Hastings - Sat 13 May, OLSM

Gemma Louise Grove/David Tattersall - Fri 19 May, OLSM

Gareth Parker/Natalie Jeffrey - Sat 20 May, OLSM

Anthony Heskett/Natalie Cartner - Sat 17 June, OLSM

Dean Wainwright/Kerry Hall - Sat 29 July, OLSM

Blain Rooney/Ami Lennon - Sat 26 August, OLSM

Ashley Ross/Chloe Westray - Sat 26 August, OLSM

Haley Armstrong/Adam McGlasson - Sun 27 August, OLSM

Kieran Johnstone/Rebecca Smith - Sat 2 September, OLSM

Carl Hargrave/Diane Slack - Sat 16 September, OLSM

Kerry Browne/Shawn Walsh - Sat 30 December, OLSM

Sunday Morning Hymns

	SG	OLSM
Entry	386	606
Gloria	406	
Offertory	23	499
Communion	597	321
Recessional	535	300

Finance

Offertory Collection £1620.04
 SPUC £293.07
 Thank-you for your continued support and generosity.

LITURGY and PRAYER

Please pray for all who are sick, especially Winnie Lewis, Kathleen Sydney, Connie Berwick, Eileen Quinn, Mike Boak, Mary Johnston, Fletcher Ditchburn, Mary Ackerley, Reg Ackerley, Lynn Craine, Margaret Fearon, John Bechelli, Wilma Lace, Joan Houghin, Mary Ryan, Gerald Sharkey, John White, Billy Hennelly, Sheila Wolstenholme, Christine Thompson, Jan Wojcik, Mary Slater, retired Bishop Patrick O'Donoghue, Pauline Hodgson, Alex Glaister, Keith Daghish, Molly Doran, Marion Gray, Richard Johnston, Canon John Watson, Gerard Sloan, Gillian Jardine and Cath Wilson.

And those whose anniversaries occur around this time. Francis Delaney, Patricia Exley, John Burns, Brenda Bennett, Evelyn Foster, Cavan McKenzie, Mary Quinn, Thomas Wood, Julia Marshall, Terry Brennan, John Carruthers, Emily Bowman, Sydney Musgrave, Mark Moore and Kathleen Taylor.

Baptism. Please pray for Saoirse Jayne Christina Ross who will be baptised this Sunday, 12 noon at Our Lady & St Michael's church. Those wishing to have their children baptised are required to give 6 weeks notice. This will enable us to arrange the necessary preparation.

Sacrament of Reconciliation. 11-11:25 Saturdays OLSM, on request St Gregory's & St Mary's.

Prayer before the Blessed Sacrament each Saturday morning will be dedicated to Vocations for the Priesthood, Diaconate, Religious and Consecrated Life.

SANCTUARY LAMP INTENTIONS - WEEK BEGINNING 15 JAN

OLSM: Precious Memories of Lawrence & Rosaline Brown

SM: The O'Kane Family **SG:** John Burns

Dates Available Jan: OLSM - None. SG - 22, 29. SM - 29. **Feb:** OLSM - 26. SG - 19, 26. SM - All available. **March:** OLSM - 26. SG - 5, 12, 19. SM - 5, **Apr:** OLSM - 2, 9, 30. SG - 2. SM - 9. A suggested donation of £10 for each intention is much appreciated. If you are a tax payer and you wish to Gift Aid your donation please complete a My Gift to Christ Envelope (available at the back of each church) and mark Sanctuary Lamp. (Please let us know which church you would prefer).

Lancaster Diocesan Directories 2017 available from our piety stalls - Price £3.

TIMES OF MASS FOR NEXT WEEK

Key to Masses: SM = St Mary's, SG = St Gregory's & OLSM = Our Lady & St Michael's

Please take careful note of which church Mass will be held.

Sat 14 Jan 6.00 SM	Blessed Virgin Mary Harry Wharton	Thur 19 Jan 10.00 SM	St Wulstan Bob Batiste
Sun 15 Jan 9.30 SG 10.30 OLSM 6.00 OLSM	2 Sunday in Ordinary Time Special Intention (M & T) People of the Parish Rosaline & Lawrence Brown	Fri 20 Jan 10.00 OLSM 12.00 SG	St Sebastian Joseph & Margaret Woodall Gerry Burke
Mon 16 Jan 10.00 OLSM	Feria Jim Irving	Sat 21 Jan 10.00 OLSM 6.00 SM	St Agnes Sonia Hommerson Dom Dyfrig Harris OSB
Tues 17 Jan 10.00 SM SM	St Antony Lisa Brady Kate Monaghan	Sun 22 Jan 9.30 SG 10.30 OLSM 6.00 OLSM	3 Sunday in Ordinary Time Audrey Park Danny & Gerard Cunningham People of the Parish
Wed 18 Jan 12.00 SG 6.30 OLSM	Feria John Burns Deceased McLaughlin Family		

Please note 10.00am Mass on Tuesday at St Mary's is One Mass, two priests and two Mass intentions. Thank-you.

PARISH NEWS AND EVENTS

Poinsettias. Thank-you for those beautiful plants. They certainly helped to cheer up our churches. And they lasted well. Now we are into the new year I thought we could share them with the sick and housebound parishioners. It will be a way to show parishioners they are very much part of the church, and it will save us having to water them! So, Perhaps when you are taking Holy Communion to the housebound you can take each a poinsettia from church. (thank-you to one kind parishioner who has already done this for most of the parishioners associated with Our Lady and St. Michael's.)

The nuns' entrance of OLSM church is open during all Masses and services, including weekdays, for wheelchair access and anyone else who wishes to enter that away.

PARISH WEB SITE: We now have a Parish Blog on the website. Hopefully this will be updated on a regular basis. It will give short reports (even with photos!) of parish events. It will also have faith content as well, also some notes on parish history, building projects etc etc. If you do have access to the internet, please take a look and tell your friends. It has been brought to our attention that the newsletter was not working properly on tablets and mobile phones. I think we have managed to fix this - please let us know of any problems.

DATES FOR YOUR DIARY.

Wed 18 Jan: Property & Finance Committee meet in OLSM Priory, 7pm.

Sun 22 Jan: Meeting for the **parents of the First Holy Communion Candidates**, Banklands Hall, 12 noon. **Final call for those not in Catholic Schools and who want to make their First Holy Communion**, please see either priest before the 22 January.